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Texas Department of Agriculture
Local Wellness Policy Checklist

9/24/17

FND-105

COMMISSIONER'S SIGNATURE

SECTION A	1 APPLICANT INFORMATION		
	Contracting Entity (CE) Name <i>Gonzales ISD</i>	CE ID Number <i>411</i>	Education Service Center (ESC) <i>13</i>
	Authorized Representative Name <i>Kenee Fairchild</i>	ESC Child Nutrition Program (CNP) Specialist's Name <i>Hailey Rottloff</i>	

SECTION B	2 IMPLEMENTATION		
	1. CE has submitted documentation to support a local wellness policy that indicates implementation was effective within 12 months of approval of program application. <i>#8</i>		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
	3 DEVELOPMENT OF POLICY		
	1. Involves parents <i>Development of Guidelines & Goals #2</i>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
	2. Involves students <i>Add student participation</i>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> N/A	
	3. Involves representatives of the CE <i>#2</i>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
	4. Involves school board/administrators <i>#2</i>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
	5. Involves school/site <i>#2</i>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
	6. Involves the public <i>#2</i>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
	A box marked "No" or "N/A" requires an explanation in the Notes section. The "N/A" box can only be marked if the question is not applicable to program regulations.		
Notes <i>Student participation is absent in current policy development but will be included in all future development.</i>			
4 GOALS AND GUIDELINES			
1. Includes goals for nutrition education designed to promote student wellness <i>#5</i>		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
2. Includes goals for physical activity designed to promote student wellness <i>#6</i>		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
3. Includes goals for other school-based activities designed to promote student wellness <i>6B, 6C, 6D</i>		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
4. Includes nutrition guidelines for all foods and beverages available at each site during the school day <i>1, 2, 3</i>		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
5. Provides assurance that guidelines for reimbursable meals shall not be less restrictive than the regulations and guidance of the Child Nutrition Act and then National School Lunch Act <i>#3</i>		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	
A box marked "No" or "N/A" requires an explanation in the Notes section. The "N/A" box can only be marked if the question is not applicable to program regulations.			
Notes <i>4. Expand information dissemination @ sites. 5. Language needs to be in new policy.</i>			

This document becomes public record and is subject to disclosure. With few exceptions, you have the right to request and be informed about the information that the State of Texas collects about you. You are entitled to receive and review the information upon request. You also have the right to ask the state agency to correct any information that is determined to be incorrect. (Reference: Government Code, Sections 552.021, 552.023, and 559.004.)

SECTION B (CONTINUED)		
MEASUREMENT OF IMPLEMENTATION		
1. Policy establishes a plan for measuring implementation of the local wellness policy		<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> N/A
2. Policy designates one or more persons responsible for implementation and monitoring within the CE or at each school/site of the local wellness policy #8		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
3. Designated person(s) has (have) the operational responsibility for ensuring that the school/site meets the local wellness policy #8		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
4. Designated person(s) is (are) responsible for measuring implementation of the policy Federal Programs & Food Service Director (N/A)		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
A box marked "No" or "N/A" requires an explanation in the Notes section. The "N/A" box can only be marked if the question is not applicable to program regulations.		
Notes when will goals on plan be measured? How?		

SECTION C		
SIGNATURES		
Signature of Authorized Representative	Title	Date (mm/dd/yy) / /
Signature of ESC CNP Specialist		Date (mm/dd/yy) / /
Signature of TDA official		Date (mm/dd/yy) / /

- Square Meals / TDA
- USDA
My tray
My plate
- Shac Meetings
9/24, 11/19, 2/25, 5/5
1. Students for committee - SHAC/wellness policy
 2. Employee wellness fair 2014, 2015 partner with Gonzales health care
 3. Athletic physicals
Fitness gram
 4. Nutrition education - expand - Teacher PD
 5. Posted on School Website - SHAC / Food Service
 6. Yearly Report to School Board - SHAC June or Feb
- examples
Smart Snacks
(posted to website)

	EAST	GE	North	JH	HS
1. Daily Recess	yes	yes	yes	no	no
2. PE at least 2X Week	yes	yes	yes	yes + elective	yes + elective
3. Assess Student Physical Activity	PK-1 NO	yes	yes	yes	yes (Band, Cheer, Dance, Athletics)
4. Physical Activity Integrated into Classroom	50%	50%	50%	20%	10% CATE/Band
5. Intramural Activity opportunities (?)	yes	yes	yes	yes Soccer	yes Soccer
		youth league			

**STUDENT WELFARE
WELLNESS AND HEALTH SERVICES**

**FFA
(LOCAL)**

WELLNESS

- 1 The District shall follow nutrition guidelines that advance student health and reduce childhood obesity and shall promote the general wellness of all students through nutrition education, physical activity, and other school-based activities.

**DEVELOPMENT OF
GUIDELINES AND
GOALS**

- 2 The District shall develop nutrition guidelines and wellness goals in consultation with the local school health advisory council and with involvement from representatives of the student body, school food service, school administration, the Board, parents, and the public. [See BDF and EHAA]

**NUTRITION
GUIDELINES**

- 3 The District shall ensure that nutrition guidelines for reimbursable school meals shall be at least as restrictive as federal regulations and guidance and that all foods available on each campus are in accordance with the Texas Public School Nutrition Policy. [See CO]

- 4 In addition to legal requirements, the District shall provide teachers with education and guidelines on the use of food as a reward in the classroom.

*Additional
PD*

WELLNESS GOALS

**NUTRITION
EDUCATION**

5. The District shall implement, in accordance with law, a coordinated health program with a nutrition education component [see EHAB and EHAC] and shall use health course curriculum that emphasizes the importance of proper nutrition [see EHAA].

In addition, the District establishes the following goals for nutrition education:

- A 1. Students shall receive nutrition education that fosters the adoption and maintenance of healthy eating behaviors.
- B 2. Staff responsible for nutrition education shall be adequately prepared and shall participate in professional development activities to effectively deliver the program as planned.
- C 3. The food service staff, teachers, and other school personnel shall coordinate the promotion of nutrition messages in the cafeteria, the classroom, and other appropriate settings.
- D 4. Educational nutrition information shall be shared with families and the general public to positively influence the health of students and community members.

PHYSICAL ACTIVITY

6. The District shall implement, in accordance with law, a coordinated health program with physical education and physical activity components and shall offer at least the required amount of physical activity for all grades [see EHAB and EHAC].

In addition, the District establishes the following goals for physical activity:

**STUDENT WELFARE
WELLNESS AND HEALTH SERVICES**

**FFA
(LOCAL)**

- 6 A 1. The District shall provide an environment that fosters safe and enjoyable fitness activities for all students, including those who are not participating in competitive sports.
- B 2. Physical education classes shall regularly emphasize moderate to vigorous activity.
- C 3. The District shall encourage teachers to integrate physical activity into the academic curriculum where appropriate.
- D 4. Before-school and after-school physical activity programs shall be offered, and students shall be encouraged to participate.
- E 5. Teachers and other school staff shall receive training to promote enjoyable, life-long physical activity for themselves and students.
- F 6. The District shall encourage parents to support their children's participation, to be active role models, and to include physical activity in family events.
- G 7. The District shall encourage students, parents, staff, and community members to use the District's recreational facilities that are available outside of the school day. [See GKD]

**SCHOOL-BASED
ACTIVITIES**

7

The District establishes the following goals to create an environment conducive to healthful eating and physical activity and to express a consistent wellness message through other school-based activities:

- A 1. Sufficient time shall be allowed for students to eat meals in lunchroom facilities that are clean, safe, and comfortable.
- B 2. Wellness for students and their families shall be promoted at suitable school activities.
- C 3. Employee wellness education and involvement shall be promoted at suitable school activities.

IMPLEMENTATION

8

The Superintendent or designee shall oversee the implementation of this policy and shall develop administrative procedures for periodically measuring the implementation of the wellness policy.

Soccer
Boys/Girls

